

Starbucks Menu With Prices and Calories 2026

282 items • Calories for the standard size from Starbucks' published nutrition data • Prices are pickup prices at Starbucks (Northgate Way & I-5), Seattle, WA and vary by location • Updated 04 September 2026 • [starbucks-menue.us](#)

The Latest

Trending

ITEM	SIZE	CALORIES	PRICE	SIZES
Iced Pumpkin Cream Chai	Grande	400	\$6.55	Tall 310, Grande 400, Venti 490
Iced Banana Bread Matcha	Grande	330	\$6.95	Tall 280, Grande 330, Venti 430
Iced Banana Bread Chai	Grande	350	\$6.95	Tall 280, Grande 350, Venti 460
Iced Chaider	Grande	90	\$6.15	Tall 60, Grande 90, Venti 130, Trenta 180
Iced Pecan Crunch Latte	Grande	380	\$6.55	Tall 300, Grande 380, Venti 480
Iced Brown Sugar Oatmilk Shaken Espresso	Grande	150	\$6.55	Tall 100, Grande 150, Venti 220
Pink Energy Drink	Grande	140	\$6.95	Tall 110, Grande 140, Venti 200, Trenta 280
Mango Strawberry Lemonade Energy Refresher	Grande	180	\$6.95	Tall 130, Grande 180, Venti 260, Trenta 360

Pumpkin Picks

ITEM	SIZE	CALORIES	PRICE	SIZES
Pumpkin Spice Latte	Grande	390	\$6.35	Short 210, Tall 300, Grande 390, Venti 470
Iced Pumpkin Cream Shaken Espresso	Grande	310	\$6.95	Tall 220, Grande 310, Venti 380
Iced Pumpkin Spice Latte	Grande	370	\$6.55	Tall 270, Grande 370, Venti 480
Pumpkin Cream Cold Brew	Grande	250	\$6.05	Tall 140, Grande 250, Venti 310, Trenta 360
Iced Pumpkin Cream Matcha	Grande	350	\$6.55	Tall 240, Grande 350, Venti 430
Iced Pumpkin Cream Chai	Grande	400	\$6.55	Tall 310, Grande 400, Venti 490
Pumpkin Spice Chai	Grande	260	\$6.55	Short 60, Tall 170, Grande 260, Venti 350
Pumpkin Spice Frappuccino Blended Beverage	Grande	420	\$6.95	Tall 290, Grande 420, Venti 510
Pumpkin Cream Cheese Muffin	1 Serving	350	\$4.75	1 Serving 350

Protein

High Protein Lattes

ITEM	SIZE	CALORIES	PRICE	SIZES
Iced Vanilla Protein Latte	Grande	270	\$7.55	Tall 210, Grande 270, Venti 390
Iced Protein Matcha	Grande	260	\$7.35	Tall 150, Grande 260, Venti 420
Iced Caramel Protein Latte	Grande	280	\$7.65	Tall 220, Grande 280, Venti 400
Iced Caramel Protein Matcha	Grande	270	\$7.65	Tall 160, Grande 270, Venti 420
Vanilla Protein Latte	Grande	310	\$7.35	Short 150, Tall 240, Grande 310, Venti 360
Protein Matcha	Grande	300	\$7.15	Short 130, Tall 220, Grande 300, Venti 370
Caramel Protein Latte	Grande	320	\$7.35	Short 160, Tall 250, Grande 320, Venti 380
Caramel Protein Matcha	Grande	310	\$7.35	Short 130, Tall 220, Grande 310, Venti 380

No Added Sugar Options

ITEM	SIZE	CALORIES	PRICE	SIZES
Iced Sugar-Free Vanilla Protein Latte	Grande	200	\$7.55	Tall 150, Grande 200, Venti 280
Iced Sugar-Free Vanilla Protein Matcha	Grande	210	\$7.55	Tall 130, Grande 210, Venti 340
Iced Sugar-Free Caramel Protein Latte	Grande	200	\$7.55	Tall 150, Grande 200, Venti 280
Iced Sugar-Free Caramel Protein Matcha	Grande	210	\$7.55	Tall 130, Grande 210, Venti 340
Sugar-Free Caramel Protein Latte	Grande	230	\$7.35	Short 110, Tall 180, Grande 230, Venti 280
Sugar-Free Caramel Protein Matcha	Grande	240	\$7.35	Short 110, Tall 180, Grande 240, Venti 300
Sugar-Free Vanilla Protein Latte	Grande	230	\$7.35	Short 110, Tall 180, Grande 230, Venti 270
Sugar-Free Vanilla Protein Matcha	Grande	240	\$7.35	Short 110, Tall 180, Grande 240, Venti 300

Protein Cold Foam Drinks

ITEM	SIZE	CALORIES	PRICE	SIZES
Iced Vanilla Protein Cream Shaken Espresso	Grande	410	\$8.75	Tall 310, Grande 410, Venti 490
Iced Banana Protein Cream Matcha	Grande	400	\$7.65	Tall 350, Grande 400, Venti 510
Vanilla Protein Cream Cold Brew	Grande	300	\$6.95	Tall 230, Grande 300, Venti 340, Trenta 360

Coffee & Espresso

Brewed Coffee

ITEM	SIZE	CALORIES	PRICE	SIZES
Blonde Roast - Starbucks Sunsera	Grande	5	\$4.15	Short 5, Tall 5, Grande 5, Venti 5
Medium Roast - Pike Place Roast	Grande	5	\$4.15	Short 5, Tall 5, Grande 5, Venti 5
Featured Dark Roast - Starbucks 1971 Roast	Grande	5	\$4.15	Short 5, Tall 5, Grande 5, Venti 5
Decaf Roast - Pike Place Roast	Grande	5	\$4.15	Short 5, Tall 5, Grande 5, Venti 5
Caffè Misto	Grande	110	\$5.05	Short 50, Tall 80, Grande 110, Venti 130

Americano

ITEM	SIZE	CALORIES	PRICE	SIZES
Caffè Americano	Grande	15	\$4.75	Short 5, Tall 10, Grande 15, Venti 15

Latte

ITEM	SIZE	CALORIES	PRICE	SIZES
Caffè Latte	Grande	190	\$5.35	Short 100, Tall 150, Grande 190, Venti 250
Pumpkin Spice Latte	Grande	390	\$6.35	Short 210, Tall 300, Grande 390, Venti 470
Pecan Crunch Latte	Grande	260	\$6.35	Short 120, Tall 190, Grande 260, Venti 330
Lavender Latte	Grande	240	\$6.25	Short 100, Tall 170, Grande 240, Venti 310
Toasted Coconut Latte	Grande	230	\$6.25	Short 100, Tall 160, Grande 230, Venti 290
Pistachio Latte	Grande	320	\$6.35	Short 150, Tall 230, Grande 320, Venti 400
Vanilla Protein Latte	Grande	310	\$7.35	Short 150, Tall 240, Grande 310, Venti 360
Sugar-Free Vanilla Protein Latte	Grande	230	\$7.35	Short 110, Tall 180, Grande 230, Venti 270
Caramel Protein Latte	Grande	320	\$7.35	Short 160, Tall 250, Grande 320, Venti 380
Cinnamon Dolce Latte	Grande	340	\$6.25	Short 190, Tall 270, Grande 340, Venti 420
Sugar-Free Caramel Protein Latte	Grande	230	\$7.35	Short 110, Tall 180, Grande 230, Venti 280
Starbucks Blonde Vanilla Latte	Grande	250	\$6.25	Short 130, Tall 200, Grande 250, Venti 320

Cappuccino

ITEM	SIZE	CALORIES	PRICE	SIZES
Cappuccino	Grande	140	\$5.35	Short 70, Tall 100, Grande 140, Venti 200

Mocha

ITEM	SIZE	CALORIES	PRICE	SIZES
Caffè Mocha	Grande	370	\$6.25	Short 200, Tall 290, Grande 370, Venti 450
White Chocolate Mocha	Grande	390	\$6.25	Short 200, Tall 290, Grande 390, Venti 480

Macchiato

ITEM	SIZE	CALORIES	PRICE	SIZES
Espresso Macchiato	Doppio	15	\$3.75	Solo 10, Doppio 15, Triple 20, Quad 25
Caramel Macchiato	Grande	250	\$6.25	Short 120, Tall 190, Grande 250, Venti 310

Flat White

ITEM	SIZE	CALORIES	PRICE	SIZES
Flat White	Tall	170	\$5.45	Short 110, Tall 170, Grande 220, Venti 290

Cortado

ITEM	SIZE	CALORIES	PRICE	SIZES
Cortado	Short	90	\$4.95	Short 90
Pecan Cortado	Short	130	\$5.45	Short 130
Pistachio Cortado	Short	150	\$5.45	Short 150
Brown Sugar Oatmilk Cortado	Short	130	\$5.45	Short 130

Espresso Shot

ITEM	SIZE	CALORIES	PRICE	SIZES
Espresso	Doppio	10	-	Solo 5, Doppio 10, Triple 15, Quad 20
Espresso Con Panna	Doppio	35	-	Solo 30, Doppio 35, Triple 40, Quad 45

Coffee Traveler

ITEM	SIZE	CALORIES	PRICE	SIZES
Coffee Traveler – Pike Place Roast	Traveler	5	\$22.05	Traveler 5
Coffee Traveler – Decaf Pike Place Roast	Traveler	5	\$22.05	Traveler 5

Cold Brew

ITEM	SIZE	CALORIES	PRICE	SIZES
Cold Brew	Grande	5	\$5.25	Tall 5, Grande 5, Venti 5, Trenta 5
Pumpkin Cream Cold Brew	Grande	250	\$6.05	Tall 140, Grande 250, Venti 310, Trenta 360

ITEM	SIZE	CALORIES	PRICE	SIZES
Orange Cream Cold Brew	Grande	240	\$5.85	Tall 200, Grande 240, Venti 280, Trenta 320
Vanilla Protein Cream Cold Brew	Grande	300	\$6.95	Tall 230, Grande 300, Venti 340, Trenta 360
Toasted Coconut Cream Cold Brew	Grande	240	\$5.85	Tall 180, Grande 240, Venti 250, Trenta 290
Pistachio Cream Cold Brew	Grande	250	\$6.05	Tall 210, Grande 250, Venti 280, Trenta 310
Vanilla Sweet Cream Cold Brew	Grande	110	\$5.45	Tall 90, Grande 110, Venti 200, Trenta 220
Salted Caramel Cream Cold Brew	Grande	240	\$5.85	Tall 190, Grande 240, Venti 270, Trenta 300
Chocolate Cream Cold Brew	Grande	240	\$5.85	Tall 190, Grande 240, Venti 270, Trenta 290
Nondairy Vanilla Sweet Cream Cold Brew	Grande	100	\$5.45	Tall 80, Grande 100, Venti 170, Trenta 190
Nondairy Salted Caramel Cream Cold Brew	Grande	150	\$5.85	Tall 130, Grande 150, Venti 180, Trenta 230
Cold Brew with Nondairy Vanilla Sweet Cream Cold Foam	Grande	160	\$5.85	Tall 100, Grande 160, Venti 190, Trenta 220
Nondairy Chocolate Cream Cold Brew	Grande	190	\$5.85	Tall 150, Grande 190, Venti 230, Trenta 250

Nitro Cold Brew

ITEM	SIZE	CALORIES	PRICE	SIZES
Nitro Cold Brew	Grande	5	-	Tall 5, Grande 5
Vanilla Sweet Cream Nitro Cold Brew	Grande	70	\$5.45	Tall 70, Grande 70

Iced Coffee

ITEM	SIZE	CALORIES	PRICE	SIZES
Iced Coffee	Grande	5	\$4.95	Tall 0, Grande 5, Venti 5, Trenta 5

Iced Shaken Espresso

ITEM	SIZE	CALORIES	PRICE	SIZES
Iced Shaken Espresso	Grande	100	\$5.25	Tall 70, Grande 100, Venti 160
Iced Pumpkin Cream Shaken Espresso	Grande	310	\$6.95	Tall 220, Grande 310, Venti 380
Iced Horchata Shaken Espresso	Grande	150	\$6.95	Tall 100, Grande 150, Venti 220
Iced Vanilla Protein Cream Shaken Espresso	Grande	410	\$8.75	Tall 310, Grande 410, Venti 490
Iced Brown Sugar Oatmilk Shaken Espresso	Grande	150	\$6.55	Tall 100, Grande 150, Venti 220
Iced Hazelnut Oatmilk Shaken Espresso	Grande	150	\$6.55	Tall 100, Grande 150, Venti 220

Iced Espresso

ITEM	SIZE	CALORIES	PRICE	SIZES
Iced Espresso	Doppio	10	-	Solo 5, Doppio 10, Triple 15, Quad 20

Iced Americano

ITEM	SIZE	CALORIES	PRICE	SIZES
Iced Caffè Americano	Grande	15	\$4.75	Tall 10, Grande 15, Venti 15

Iced Latte

ITEM	SIZE	CALORIES	PRICE	SIZES
Iced Caffè Latte	Grande	130	\$5.65	Tall 100, Grande 130, Venti 180
Iced Pumpkin Spice Latte	Grande	370	\$6.55	Tall 270, Grande 370, Venti 480
Iced Banana Bread Latte	Grande	420	\$7.15	Tall 290, Grande 420, Venti 540
Iced Pecan Crunch Latte	Grande	380	\$6.55	Tall 300, Grande 380, Venti 480
Iced Lavender Latte	Grande	180	\$6.45	Tall 130, Grande 180, Venti 250
Iced Toasted Coconut Latte	Grande	190	\$6.45	Tall 150, Grande 190, Venti 260
Iced Pistachio Latte	Grande	260	\$6.55	Tall 190, Grande 260, Venti 370
Iced Caramel Protein Latte	Grande	280	\$7.65	Tall 220, Grande 280, Venti 400
Iced Sugar-Free Caramel Protein Latte	Grande	200	\$7.55	Tall 150, Grande 200, Venti 280
Iced Vanilla Protein Latte	Grande	270	\$7.55	Tall 210, Grande 270, Venti 390
Iced Sugar-Free Vanilla Protein Latte	Grande	200	\$7.55	Tall 150, Grande 200, Venti 280
Iced Starbucks Blonde Vanilla Latte	Grande	190	\$6.45	Tall 140, Grande 190, Venti 270
Iced Cinnamon Dolce Latte	Grande	300	\$6.45	Tall 240, Grande 300, Venti 420

Iced Mocha

ITEM	SIZE	CALORIES	PRICE	SIZES
Iced Caffè Mocha	Grande	350	\$6.25	Tall 260, Grande 350, Venti 450
Iced Dubai Chocolate Mocha	Grande	470	\$6.55	Tall 330, Grande 470, Venti 620
Iced White Chocolate Mocha	Grande	390	\$6.35	Tall 290, Grande 390, Venti 520

Iced Macchiato

ITEM	SIZE	CALORIES	PRICE	SIZES
Iced Caramel Macchiato	Grande	250	\$6.25	Tall 180, Grande 250, Venti 350

Iced Flat White

ITEM	SIZE	CALORIES	PRICE	SIZES
Iced Flat White	Tall	110	\$5.85	Tall 110, Grande 150, Venti 220

Tea

Classic Chai

ITEM	SIZE	CALORIES	PRICE	SIZES
Chai Latte	Grande	200	\$5.85	Short 80, Tall 130, Grande 200, Venti 270
Iced Chai Latte	Grande	190	\$6.05	Tall 140, Grande 190, Venti 270

Chaider

ITEM	SIZE	CALORIES	PRICE	SIZES
Iced Chaider	Grande	90	\$6.15	Tall 60, Grande 90, Venti 130, Trenta 180

Specialty Chai

ITEM	SIZE	CALORIES	PRICE	SIZES
Pumpkin Spice Chai	Grande	260	\$6.55	Short 60, Tall 170, Grande 260, Venti 350
Iced Pumpkin Cream Chai	Grande	400	\$6.55	Tall 310, Grande 400, Venti 490
Iced Banana Bread Chai	Grande	350	\$6.95	Tall 280, Grande 350, Venti 460
Iced Orange Cream Chai	Grande	390	\$6.55	Tall 320, Grande 390, Venti 490
Iced Mango Cream Chai	Grande	310	\$6.55	Tall 230, Grande 310, Venti 410
Iced Lavender Cream Chai	Grande	380	\$6.55	Tall 320, Grande 380, Venti 500

Classic Matcha

ITEM	SIZE	CALORIES	PRICE	SIZES
Iced Matcha Latte	Grande	190	\$6.05	Tall 120, Grande 190, Venti 240
Matcha Latte	Grande	220	\$6.05	Short 100, Tall 170, Grande 220, Venti 290
Matcha Crème Frappuccino Blended Beverage	Grande	320	\$6.55	Tall 220, Grande 320, Venti 440

Specialty Matcha

ITEM	SIZE	CALORIES	PRICE	SIZES
Iced Pumpkin Cream Matcha	Grande	350	\$6.55	Tall 240, Grande 350, Venti 430
Iced Orange Cream Matcha	Grande	350	\$6.55	Tall 260, Grande 350, Venti 440
Iced Dubai Chocolate Matcha	Grande	400	\$6.55	Tall 290, Grande 400, Venti 490
Iced Mango Cream Matcha	Grande	270	\$6.55	Tall 170, Grande 270, Venti 350
Iced Lavender Cream Matcha	Grande	350	\$6.55	Tall 260, Grande 350, Venti 430
Iced Banana Bread Matcha	Grande	330	\$6.95	Tall 280, Grande 330, Venti 430
Iced Double Berry Matcha	Grande	310	\$6.55	Tall 210, Grande 310, Venti 410

Protein Matcha

ITEM	SIZE	CALORIES	PRICE	SIZES
Iced Protein Matcha	Grande	260	\$7.35	Tall 150, Grande 260, Venti 420
Protein Matcha	Grande	300	\$7.15	Short 130, Tall 220, Grande 300, Venti 370
Iced Banana Protein Cream Matcha	Grande	400	\$7.65	Tall 350, Grande 400, Venti 510
Iced Sugar-Free Vanilla Protein Matcha	Grande	210	\$7.55	Tall 130, Grande 210, Venti 340
Sugar-Free Vanilla Protein Matcha	Grande	240	\$7.35	Short 110, Tall 180, Grande 240, Venti 300
Iced Caramel Protein Matcha	Grande	270	\$7.65	Tall 160, Grande 270, Venti 420
Caramel Protein Matcha	Grande	310	\$7.35	Short 130, Tall 220, Grande 310, Venti 380
Iced Sugar-Free Caramel Protein Matcha	Grande	210	\$7.55	Tall 130, Grande 210, Venti 340
Sugar-Free Caramel Protein Matcha	Grande	240	\$7.35	Short 110, Tall 180, Grande 240, Venti 300

Brewed Tea

ITEM	SIZE	CALORIES	PRICE	SIZES
Honey Citrus Mint Tea	Grande	130	-	Short 70, Tall 90, Grande 130, Venti 150
Royal English Breakfast Tea	Grande	0	-	Short 0, Tall 0, Grande 0, Venti 0
Emperor's Clouds & Mist Tea	Grande	0	-	Short 0, Tall 0, Grande 0, Venti 0
Mint Majesty Tea	Grande	0	-	Short 0, Tall 0, Grande 0, Venti 0
Earl Grey Tea	Grande	0	-	Short 0, Tall 0, Grande 0, Venti 0

ITEM	SIZE	CALORIES	PRICE	SIZES
Chamomile Mint Blossom Tea	Grande	5	-	Short 0, Tall 5, Grande 5, Venti 5

Tea Latte

ITEM	SIZE	CALORIES	PRICE	SIZES
London Fog Latte	Grande	180	-	Short 90, Tall 140, Grande 180, Venti 230

Iced Tea

ITEM	SIZE	CALORIES	PRICE	SIZES
Iced Black Tea	Grande	0	\$4.15	Tall 0, Grande 0, Venti 0, Trenta 0
Iced Black Tea Lemonade	Grande	50	\$4.75	Tall 35, Grande 50, Venti 70, Trenta 100
Iced Green Tea	Grande	0	\$4.15	Tall 0, Grande 0, Venti 0, Trenta 0
Iced Green Tea Lemonade	Grande	50	\$4.75	Tall 35, Grande 50, Venti 70, Trenta 100
Iced Peach Green Tea	Grande	60	\$4.75	Tall 45, Grande 60, Venti 90, Trenta 120
Iced Peach Green Tea Lemonade	Grande	80	\$4.95	Tall 60, Grande 80, Venti 130, Trenta 170
Iced Passion Tango Tea	Grande	5	\$4.15	Tall 5, Grande 5, Venti 5, Trenta 10
Iced Passion Tango Tea Lemonade	Grande	50	\$4.75	Tall 40, Grande 50, Venti 80, Trenta 110

Iced Tea Latte

ITEM	SIZE	CALORIES	PRICE	SIZES
Iced London Fog Latte	Grande	140	-	Tall 100, Grande 140, Venti 210

Refreshers

Lemonade Refreshers

ITEM	SIZE	CALORIES	PRICE	SIZES
Strawberry Açaí Lemonade Refresher	Grande	140	\$6.05	Tall 110, Grande 140, Venti 210, Trenta 290
Passionfruit Guava Lemonade Refresher	Grande	150	-	Tall 100, Grande 150, Venti 220, Trenta 270
Mango Strawberry Lemonade Refresher	Grande	180	\$6.05	Tall 130, Grande 180, Venti 260, Trenta 360
Mango Dragonfruit Lemonade Refresher	Grande	140	\$6.05	Tall 110, Grande 140, Venti 200, Trenta 290
Cannon Ball Drink	Grande	160	\$6.05	Tall 130, Grande 160, Venti 220, Trenta 320

Coconutmilk Refreshers

ITEM	SIZE	CALORIES	PRICE	SIZES
Pink Drink	Grande	140	\$6.05	Tall 110, Grande 140, Venti 200, Trenta 280
Island Colada Drink	Grande	140	-	Tall 90, Grande 140, Venti 210, Trenta 260
Mango Dream	Grande	170	\$6.05	Tall 120, Grande 170, Venti 250, Trenta 340
Dragon Drink	Grande	140	\$6.05	Tall 110, Grande 140, Venti 200, Trenta 270
Pink Cannon Ball Drink	Grande	150	\$6.05	Tall 120, Grande 150, Venti 210, Trenta 310

Refreshers

ITEM	SIZE	CALORIES	PRICE	SIZES
Strawberry Açai Refresher	Grande	90	\$5.85	Tall 70, Grande 90, Venti 130, Trenta 190
Passionfruit Guava Refresher	Grande	100	-	Tall 60, Grande 100, Venti 150, Trenta 170
Mango Strawberry Refresher	Grande	130	\$5.85	Tall 90, Grande 130, Venti 190, Trenta 260
Mango Dragonfruit Refresher	Grande	90	\$5.85	Tall 80, Grande 90, Venti 130, Trenta 190

Energy Refresher

ITEM	SIZE	CALORIES	PRICE	SIZES
Strawberry Açai Lemonade Energy Refresher	Grande	150	\$6.95	Tall 110, Grande 150, Venti 210, Trenta 290
Passionfruit Guava Lemonade Energy Refresher	Grande	150	-	Tall 100, Grande 150, Venti 220, Trenta 270
Mango Strawberry Lemonade Energy Refresher	Grande	180	\$6.95	Tall 130, Grande 180, Venti 260, Trenta 360
Mango Dragonfruit Lemonade Energy Refresher	Grande	140	\$6.95	Tall 110, Grande 140, Venti 210, Trenta 290
Cannon Ball Energy Drink	Grande	160	\$6.95	Tall 130, Grande 160, Venti 220, Trenta 320
Pink Energy Drink	Grande	140	\$6.95	Tall 110, Grande 140, Venti 200, Trenta 280
Island Colada Energy Drink	Grande	140	-	Tall 100, Grande 140, Venti 210, Trenta 260
Mango Dream Energy Drink	Grande	170	\$6.95	Tall 130, Grande 170, Venti 250, Trenta 350
Dragon Energy Drink	Grande	140	\$6.95	Tall 110, Grande 140, Venti 200, Trenta 280
Pink Cannon Ball Energy Drink	Grande	160	\$6.95	Tall 130, Grande 160, Venti 220, Trenta 310
Strawberry Açai Energy Refresher	Grande	100	\$6.55	Tall 80, Grande 100, Venti 140, Trenta 190
Passionfruit Guava Energy Refresher	Grande	100	-	Tall 60, Grande 100, Venti 150, Trenta 170

ITEM	SIZE	CALORIES	PRICE	SIZES
Mango Strawberry Energy Refresher	Grande	130	\$6.55	Tall 90, Grande 130, Venti 190, Trenta 260
Mango Dragonfruit Energy Refresher	Grande	100	\$6.55	Tall 80, Grande 100, Venti 130, Trenta 190

Frappuccino Blended Beverage

Coffee Frappuccino

ITEM	SIZE	CALORIES	PRICE	SIZES
Caramel Ribbon Crunch Frappuccino Blended Beverage	Grande	470	\$6.95	Tall 330, Grande 470, Venti 570
Pumpkin Spice Frappuccino Blended Beverage	Grande	420	\$6.95	Tall 290, Grande 420, Venti 510
Horchata Frappuccino Blended Beverage	Grande	400	\$6.95	Tall 270, Grande 400, Venti 470
Pistachio Frappuccino Blended Beverage	Grande	380	\$6.95	Tall 270, Grande 380, Venti 420
Caramel Frappuccino Blended Beverage	Grande	380	\$6.55	Tall 260, Grande 380, Venti 470
Mocha Cookie Crumble Frappuccino Blended Beverage	Grande	480	\$6.95	Tall 350, Grande 480, Venti 590
Mocha Frappuccino Blended Beverage	Grande	370	\$6.55	Tall 250, Grande 370, Venti 470
Coffee Frappuccino Blended Beverage	Grande	230	\$6.05	Tall 160, Grande 230, Venti 310

Crème Frappuccino

ITEM	SIZE	CALORIES	PRICE	SIZES
Vanilla Bean Crème Frappuccino Blended Beverage	Grande	380	\$6.05	Tall 260, Grande 380, Venti 470
Pumpkin Spice Crème Frappuccino Blended Beverage	Grande	360	\$6.95	Tall 250, Grande 360, Venti 450
Horchata Crème Frappuccino Blended Beverage	Grande	380	\$6.95	Tall 260, Grande 380, Venti 430
Orange Cream Frappuccino Blended Beverage	Grande	320	\$6.55	Tall 190, Grande 320, Venti 450
Lavender Crème Frappuccino Blended Beverage	Grande	370	\$6.95	Tall 260, Grande 370, Venti 450
Pistachio Crème Frappuccino Blended Beverage	Grande	360	\$6.95	Tall 240, Grande 360, Venti 410
Strawberry Crème Frappuccino Blended Beverage	Grande	370	\$6.55	Tall 250, Grande 370, Venti 460
Matcha Crème Frappuccino Blended Beverage	Grande	320	\$6.55	Tall 220, Grande 320, Venti 440

Other Sips

Hot Chocolate

ITEM	SIZE	CALORIES	PRICE	SIZES
Hot Chocolate	Grande	370	\$5.15	Kids 190, Short 190, Tall 280, Grande 370, Venti 450

Lemonade

ITEM	SIZE	CALORIES	PRICE	SIZES
Lemonade	Grande	120	\$4.75	Kids 80, Tall 80, Grande 120, Venti 160, Trenta 200
Strawberry Lemonade	Grande	190	\$6.55	Tall 130, Grande 190, Venti 260

Milk & Steamers

ITEM	SIZE	CALORIES	PRICE	SIZES
Cold Milk	Grande	260	\$4.15	Tall 200, Grande 260, Venti 370
Steamed Milk	Grande	200	\$4.15	Kids 100, Short 100, Tall 160, Grande 200, Venti 260
Vanilla Crème	Grande	350	\$5.15	Kids 200, Short 190, Tall 280, Grande 350, Venti 430
Pistachio Crème	Grande	330	\$6.25	Kids 150, Short 150, Tall 230, Grande 330, Venti 410

Water & Sparkling

ITEM	SIZE	CALORIES	PRICE	SIZES
Waiākea Hawaiian Volcanic Water	500 ml	0	-	500 ml 0
Ethos Water	23.7 fl oz	0	\$3.25	23.7 fl oz 0
Spindrift Lemon Sparkling Water	12 fl oz	3	\$3.05	12 fl oz 3
Spindrift Raspberry Lime Sparkling Water	12 fl oz	9	\$3.05	12 fl oz 9
DASANI Water	20 fl oz	0	-	20 fl oz 0

Protein & Milk

ITEM	SIZE	CALORIES	PRICE	SIZES
Koia Cacao Bean Nutrition Shake	11 fl oz	180	\$5.45	11 fl oz 180
Koia Vanilla Bean Nutrition Shake	11 fl oz	180	\$5.45	11 fl oz 180
Horizon Organic Lowfat Chocolate Milk	8 fl oz	150	\$3.65	8 fl oz 150
Horizon Organic Lowfat Milk	8 fl oz	110	\$3.65	8 fl oz 110

Juice

ITEM	SIZE	CALORIES	PRICE	SIZES
Sol-ti GINGER SuperShot	2.1 fl oz	20	\$4.05	2.1 fl oz 20
Sol-ti TURMERIC SuperShot	2.1 fl oz	20	\$4.05	2.1 fl oz 20
Evolution Fresh Pure Orange	11 fl oz	170	\$5.25	11 fl oz 170
Evolution Fresh Organic Defense Up	11 fl oz	170	\$6.35	11 fl oz 170
Evolution Fresh Organic Super Fruit Greens	11 fl oz	180	\$6.35	11 fl oz 180
Tree Top Organic Apple Juice – 6.75 fl oz	6.75 fl oz	100	\$3.65	6.75 fl oz 100

Soda

ITEM	SIZE	CALORIES	PRICE	SIZES
Poppi Shirley Temple Soda	12 fl oz	30	\$3.65	12 fl oz 30
Poppi Grape Soda	12 fl oz	30	\$3.65	12 fl oz 30

Energy

ITEM	SIZE	CALORIES	PRICE	SIZES
Starbucks Iced Energy Blueberry Lemonade	12 fl oz	5	\$3.85	12 fl oz 5
Starbucks Iced Energy Tropical Peach	12 fl oz	5	\$3.85	12 fl oz 5

Food

Breakfast Sandwiches

ITEM	SIZE	CALORIES	PRICE	SIZES
Double-Smoked Bacon, Cheddar & Egg Sandwich	1 Serving	500	\$6.55	1 Serving 500
Bacon, Gouda & Egg Sandwich	1 Serving	360	\$6.05	1 Serving 360
Sausage, Cheddar & Egg Sandwich	1 Serving	480	\$5.45	1 Serving 480
Turkey Bacon, Cheddar & Egg White Sandwich	1 Serving	260	\$5.45	1 Serving 260
Egg, Pesto & Mozzarella Sandwich	1 Serving	390	\$6.05	1 Serving 390
Impossible Breakfast Sandwich	1 Serving	420	\$6.55	1 Serving 420
Avocado Spread	1 Serving	90	-	1 Serving 90

Breakfast Wraps

ITEM	SIZE	CALORIES	PRICE	SIZES
Bacon, Sausage & Egg Wrap	1 Serving	640	\$7.15	1 Serving 640
Spinach, Feta & Egg White Wrap	1 Serving	290	\$5.45	1 Serving 290
Avocado Spread	1 Serving	90	-	1 Serving 90

Egg Bites & Bakes

ITEM	SIZE	CALORIES	PRICE	SIZES
Bacon & Gruyère Egg Bites	1 Serving	300	\$6.55	1 Serving 300
Egg White & Roasted Red Pepper Egg Bites	1 Serving	170	\$6.55	1 Serving 170
Potato, Cheddar & Chive Bakes	1 Serving	240	\$6.55	1 Serving 240
Avocado Spread	1 Serving	90	-	1 Serving 90

More Breakfast Classics

ITEM	SIZE	CALORIES	PRICE	SIZES
Rolled & Steel-Cut Oatmeal	1 Piece	160	\$4.75	1 Piece 160
MUSH Chocolate Peanut Butter Protein Overnight Oats	1 Serving	290	\$4.15	1 Serving 290
Ellenos Muesli Yogurt – No Added Sugar	1 Serving	280	\$4.75	1 Serving 280
Ellenos Strawberry Shortcake Greek Yogurt	1 Serving	310	\$4.75	1 Serving 310
Ellenos Muesli Yogurt	1 Serving	340	-	1 Serving 340

Croissants & Danishes

ITEM	SIZE	CALORIES	PRICE	SIZES
Ham & Swiss Croissant	1 Serving	330	-	1 Serving 330

ITEM	SIZE	CALORIES	PRICE	SIZES
Chocolate Croissant	1 Serving	300	\$4.75	1 Serving 300
Butter Croissant	1 Serving	250	\$4.35	1 Serving 250
Cheese Danish	1 Piece	290	\$4.35	1 Piece 290
Cookie Croissant Swirl	1 Serving	270	\$4.75	1 Serving 270
Cinnamon Pull-Apart	1 Serving	300	\$4.35	1 Serving 300
Sweet Cream Cheese Icing	1 Serving	140	\$1.45	1 Serving 140

Loaves, Muffins, & Cakes

ITEM	SIZE	CALORIES	PRICE	SIZES
Pumpkin Cream Cheese Muffin	1 Serving	350	\$4.75	1 Serving 350
Chocolate Pistachio Loaf	1 Serving	400	\$4.35	1 Serving 400
Banana, Walnut & Pecan Loaf	1 Piece	380	\$4.35	1 Piece 380
Iced Lemon Loaf	1 Serving	410	\$4.35	1 Serving 410
Pumpkin & Pepita Loaf	1 Serving	360	\$4.35	1 Serving 360
Cinnamon Coffee Cake	1 Serving	380	\$4.75	1 Serving 380
Blueberry Streusel Muffin	1 Serving	370	\$4.35	1 Serving 370
Petite Vanilla Bean Scone	1 Serving	140	\$2.55	1 Serving 140

Bagels

ITEM	SIZE	CALORIES	PRICE	SIZES
Plain Bagel	1 Serving	250	\$3.65	1 Serving 250
Everything Bagel	1 Serving	270	\$3.85	1 Serving 270
Avocado Spread	1 Serving	90	-	1 Serving 90

Cake Pops

ITEM	SIZE	CALORIES	PRICE	SIZES
Hedgehog Cake Pop	1 Serving	160	\$3.85	1 Serving 160
Unicorn Cake Pop	1 Serving	170	-	1 Serving 170
Birthday Cake Pop	1 Piece	160	\$3.65	1 Piece 160
Chocolate Cake Pop	1 Piece	150	\$3.65	1 Piece 150

Cookies, Brownies, & Bars

ITEM	SIZE	CALORIES	PRICE	SIZES
Dubai Chocolate Bite	1 Serving	220	-	1 Serving 220
Berry Blondie	1 Serving	300	\$4.75	1 Serving 300
Chocolate Chip Cookie	1 Serving	370	\$3.65	1 Serving 370
Double Chocolate Brownie	1 Serving	480	\$4.75	1 Serving 480
Sweet Cream Cheese Icing	1 Serving	140	\$1.45	1 Serving 140

Lunch Sandwiches

ITEM	SIZE	CALORIES	PRICE	SIZES
Crispy Grilled Cheese on Sourdough	1 Serving	520	\$8.25	1 Serving 520
Ham & Swiss on Baguette	1 Serving	510	\$8.45	1 Serving 510
Tomato & Mozzarella on Focaccia	1 Serving	360	\$8.05	1 Serving 360

ITEM	SIZE	CALORIES	PRICE	SIZES
Avocado Spread	1 Serving	90	-	1 Serving 90
Pockets				
ITEM	SIZE	CALORIES	PRICE	SIZES
Chicken Bacon Protein Pocket	1 Serving	310	\$5.15	1 Serving 310
Spicy Falafel Pocket	1 Serving	230	\$4.75	1 Serving 230
Jalapeño Chicken Pocket	1 Piece	200	\$4.75	1 Piece 200
Avocado Spread	1 Serving	90	-	1 Serving 90
Protein Boxes				
ITEM	SIZE	CALORIES	PRICE	SIZES
Apples & Cheese Trio Protein Box	1 Serving	470	\$7.65	1 Serving 470
Cheese Trio Protein Box	1 Serving	520	-	1 Serving 520
Protein Boxes				
ITEM	SIZE	CALORIES	PRICE	SIZES
Apples & Cheese Trio Protein Box	1 Serving	470	\$7.65	1 Serving 470
Cheese Trio Protein Box	1 Serving	520	-	1 Serving 520
Pockets				
ITEM	SIZE	CALORIES	PRICE	SIZES
Chicken Bacon Protein Pocket	1 Serving	310	\$5.15	1 Serving 310
Spicy Falafel Pocket	1 Serving	230	\$4.75	1 Serving 230
Jalapeño Chicken Pocket	1 Piece	200	\$4.75	1 Piece 200
Avocado Spread	1 Serving	90	-	1 Serving 90
Protein & Snack Bars				
ITEM	SIZE	CALORIES	PRICE	SIZES
Floura Blueberry Matcha Fiber Bar	1 Serving	160	\$3.65	1 Serving 160
CirC Peanut Chocolate Chip Protein Bites	1 Serving	210	\$3.65	1 Serving 210
Perfect Bar – Dark Chocolate Chip Peanut Butter	1 Piece	330	\$4.95	1 Piece 330
Perfect Bar Peanut Butter	1 Piece	340	\$4.95	1 Piece 340
KIND Salted Caramel & Dark Chocolate Nut Bar	1 Piece	200	\$2.55	1 Piece 200
All In Madagascar Vanilla, Honey & Almonds Bar	1 Serving	170	\$2.55	1 Serving 170
KIND - Almond Coconut Cashew Chai	1 Serving	200	-	1 Serving 200
That's It – Apple + Mango Bar	1 Piece	100	-	1 Piece 100
That's It – Apple + Blueberry Bar	1 Piece	100	-	1 Piece 100
Savory Snacks				
ITEM	SIZE	CALORIES	PRICE	SIZES
Olli Genoa Salami & Fontina Cheese Snack Tray	1 Serving	210	\$6.35	1 Serving 210
Chomps Original Beef Stick	1 Serving	100	-	1 Serving 100
Siete Sea Salt Kettle Cooked Potato Chips	1 Piece	210	\$2.85	1 Piece 210
Country Archer – Hickory Smoke Turkey Jerky	1 Serving	70	-	1 Serving 70

Protein Popcorn

ITEM	SIZE	CALORIES	PRICE	SIZES
Khlood White Cheddar Protein Popcorn	1 Serving	160	\$3.25	1 Serving 160
Khlood Sweet & Salty Kettle Corn Protein Popcorn	1 Serving	150	\$3.25	1 Serving 150

Sweet Snacks

ITEM	SIZE	CALORIES	PRICE	SIZES
Madeleines	1 Piece	220	\$2.75	1 Piece 220
Marshmallow Dream Bar	1 Piece	230	\$2.85	1 Piece 230
Vanilla Biscotti with Almonds	1 Piece	200	\$2.15	1 Piece 200
SkinnyDipped Coconut Almond Bite	1 Serving	80	\$1.65	1 Serving 80
SkinnyDipped Dark Chocolate Cocoa Almonds	1 Piece	170	\$3.25	1 Piece 170
SkinnyDipped Lemon Bliss Almonds	1 Piece	170	-	1 Piece 170

Cheese & Fruit

ITEM	SIZE	CALORIES	PRICE	SIZES
Organic Valley Stringles Mozzarella String Cheese	1 Piece	80	\$2.15	1 Piece 80
Peter Rabbit Organics Strawberry Banana	1 Piece	80	\$2.55	1 Piece 80

Spreads

ITEM	SIZE	CALORIES	PRICE	SIZES
Avocado Spread	1 Serving	90	-	1 Serving 90

At Home Coffee

Blonde Roast

ITEM	SIZE	CALORIES	PRICE	SIZES
Starbucks Sunsera Blend	1lb	-	-	
Starbucks Green Apron Blend	1lb	-	-	
Veranda Blend	1lb	-	-	
Starbucks Blonde Espresso Roast	1lb	-	\$3.75	

Medium Roast

ITEM	SIZE	CALORIES	PRICE	SIZES
Starbucks Siren's Blend	1lb	-	-	
Guatemala Antigua	1lb	-	-	
Pike Place Roast	1lb	-	\$3.75	
Decaf Pike Place Roast	1lb	-	\$3.75	
Organic Yukon Blend	1lb	-	-	

Dark Roast

ITEM	SIZE	CALORIES	PRICE	SIZES
Starbucks 1971 Roast	1lb	-	-	
Caffè Verona	1lb	-	-	
Espresso Roast	1lb	-	-	
Italian Roast	1lb	-	-	

ITEM	SIZE	CALORIES	PRICE	SIZES
Komodo Dragon Blend	1lb	-	-	
Sumatra	1lb	-	-	
Decaf Sumatra	1lb	-	-	

Iced Coffee

ITEM	SIZE	CALORIES	PRICE	SIZES
Starbucks VIA Instant Sweetened Iced Coffee	5 count	-	-	

Blonde Roast

ITEM	SIZE	CALORIES	PRICE	SIZES
Starbucks VIA Instant Veranda Blend	Veranda Blend VIA Instant 12 count		-	-

Medium Roast

ITEM	SIZE	CALORIES	PRICE	SIZES
Starbucks VIA Instant Pike Place Roast	12 count	-	-	

Dark Roast

ITEM	SIZE	CALORIES	PRICE	SIZES
Starbucks VIA Instant Italian Roast	12 count	-	-	
Starbucks VIA Instant Decaf Italian Roast	12 count	-	-	

Shopping Bag

ITEM	SIZE	CALORIES	PRICE	SIZES
Small Shopping Bag	1 Serving	-	-	

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